Suggested use: Take 1-3 capsules with a glass of water each day or as directed by your healthcare provider.

Anxiety Assist:

- Healthy stress levels.*
- Enhanced mood *
- Calming of overreactive nerves.*
- Relief of anxiety symptoms.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure or prevent any disease.

Anxiety Assist

Anxiety Therapy Support

Dietary Supplement 90 Vegetarian Capsules

SUPPLEMENT FACTS

Amount Don Coming 0/ D)

Serving Size: 1 Capsule Servings Per Container: 90

Amount	, ocranig	/0 D T
GABA (Gamma-Aminobutyric Acid)	125 mg	**
Ashwagandha Extract (Withania somnifera, root)	50 mg	**
L-Theanine	50 mg	**
Magnolia Extract (Magnolia officinalis, bark)	50 mg	**
Bacopa monnieri (whole)	50 mg	**
Velvet Bean (Mucuna pruriens, seed)	50 mg	**
Passion Flower Extract (Passiflora incarnata, aerial)	50 mg	**
Lemon Balm (Melissa officinalis, leaf)	50 mg	••
Chamomile Extract (Matricaria recutita, flower)	50 mg	**
Lavender Powder	25 mg	**
Rhodiola rosea Extract (root)	25 mg	**
Valerian Root (Valeriana officinalis)	25 mg	**
**Daily Value not established.		
Rhodiola rosea Extract (root) Valerian Root (Valeriana officinalis)	25 mg	

Other Ingredients: Capsule contains Hypromellose and Purified Water. Manufactured in a facility that processes Milk. Sov. Eggs. Nuts and Wheat.